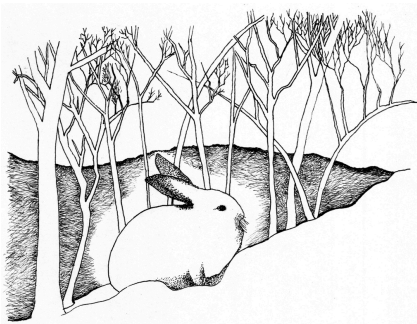




Hawk Circle  
Wilderness Education

# Hawk Circle Progress Report 2025

"We need to find our  
way back to the forest  
path that sees us safely  
through the wildwood of  
life."--Mark Ryan



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Hawk Circle Drive in Fall

## A Year in a Glance

We've had a good year! More and more people are finding their way to Hawk Circle, and from their reviews and their heartfelt emails, Hawk Circle is working its magic into their lives.

During a time when there is so much uncertainty, and for many, hopelessness, Hawk Circle has become a guiding light for so many.

### A place to...

- Gather with like-minded people.
- Feel safe to express your inner most feelings in a supportive community.
- Find inspiration and support.
- Experience renewal and hope through deepening your connection with nature.
- Grow meaningful and useful skills that are grounding and beautiful.

Last year we began with the intention of growing our local audience for both day programs and seasonal events. We accomplished that goal as our day programs grew from 8-10 people, to sometimes as many as 20-25 people.

Here's a review from one of our local community members who attended one of our seasonal gatherings.

*Trista and Ricardo are excellent hosts. Trista is an experienced ritual guide and provides thoughtful, profound, and moving experiences. The Lodge of the Fallen Leaves is that timely reminder of the beauty inherent in letting go. The beauty of Hawk Circle provides the perfect setting. I highly recommend any experience with Trista and Ricardo!*

We also collaborated with other organizations this past year, such as **Hospice, Veterans, The Forest Therapy School, My Center Within, Compass Coaching** and **Ondatra Adventures**, as well as guest instructors.

Last year's **scholarship fund** was also a huge help in supporting people to attend our programs that otherwise couldn't afford to. Because of donations for our scholarship fund, we were able to offer financial assistance to a **few young women, one that was a single mom, a veteran, a senior citizen, and a teenager**. They were so appreciative!





## A Year in a glance continued....

Here's a review from one of our fall retreat participants who flew all the way from California for the Women of the WildWood Retreat.

*My time at Hawk Circle was truly sacred. The land itself holds such deep, peaceful energy... you can feel it in every tree, every breeze. Drinking directly from the natural spring was absolutely magical, a rare and nourishing experience that felt like a true blessing. Our facilitator, Trista, was incredibly kind, generous, and caring, holding space with such warmth and authenticity. The food was seasonal, fresh, and delicious, made with so much love and intention. The cabins were cozy and inviting, the perfect place to rest and integrate after days spent in nature and connection. I left feeling grounded, inspired, and deeply grateful. Hawk Circle is a place of true medicine for the soul.*

And a teenager that arrived for Ricardo's fall timber frame class called his mom the next day and told her that she didn't need to pick him up because "he found home".

These are the kind of heartfelt comments and reviews that we love receiving. It tells us that our feeling about the Hawk Circle land being sacred and magical, is tangibly felt by others.

Our bookkeeper too, sent us a message in September commending us on our progression. We were able to pay off two loans this year!



## Looking Ahead....

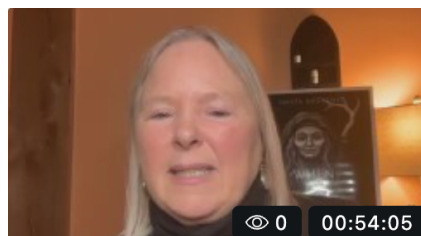
One of the ways Hawk Circle has been able to exist for more than 30 years is by having a **diverse income flow**. As we move forward, we recognize the need to establish an economic foundation that extends beyond reliance on program income alone.

While our existing retreats and workshops are often self-sustaining—covering the cost of excellent instructors and basic operational needs—they don't generate the necessary surplus to maintain our retreat center infrastructure, nor do they cover administrative and marketing costs.

As we move forward in planning to expand programs and eventually launch forest youth programs, we recognize that many of these programs, particularly youth initiatives require reduced or subsidized fees to ensure accessibility.

We are working on solution to establish a **solid economic foundation** for operational support and capacity building to ensure program access for all, and continue to steward this inspirational land for generations to come.

**It's a multi-faceted initiative involving forest trails, The Forest Perfumery, and stone circle! QR code below to listen to Trista's talk!**





Coal-burned Spoon Making



Teen Timber Frame Class with Ricardo & Craig



Winter Solstice Evergreen Spiral



HedgeWise class gathering elderberries and herbs.



Burden Basket Retreat with Sandra Kehoe & Trista

# Program Report: 2025

These are the classes, retreats & trainings that were offered and attended this year.

- **Celebrating Imbolc**
  - taught by Trista Haggerty, Lisa Meyers
- **Spring Timber Framing Skills Intensive**
  - taught by Ricardo Sierra & Craig Boynton
- **Spring Equinox Gathering/Class**
  - Lisa Meyers & Trista Haggerty
- **The Cauldron & the Drum**
  - taught by Cheryl DeDecker & Trista Haggerty
- **Lexington Waldorf School Class Trip**
  - taught by Ricardo Sierra & Emma DuBois
- **Forest Therapy Training**
  - taught by The School of Forest Therapy
- **The Dragon & Crystal Class**
  - taught by Sara Blanchfield and Trista Haggerty
- **Women's Alchemy & Making Your Spirit Doll**
  - taught by Lisa Meyers
- **Sacred Hallows**
  - taught by Trista Haggerty
- **The Scent Makers' Retreat**
  - taught by Trista Haggerty
- **Teen Timber Framing Retreat**
  - taught by Ricardo Sierra, Craig Boynton, Grant DeNies & Emma DuBois
- **HedgeWise - 6 month herbal training**
  - taught by Trista Haggerty & Lisa Meyers
- **Women of the WildWood Retreat**
  - taught by Trista Haggerty
- **The Burden Basket Retreat**
  - taught by Sandra Kehoe & Trista Haggerty
- **Mushrooms of the Northeast**
  - taught by Dave Muska/Ondatra Adventures
- **Wilderness Survival Skills Retreat**
  - taught by Ricardo Sierra
- **Fall Timber Framing Skills Workshop**
  - taught by Ricardo Sierra & Craig Boynton
- **Journey to the Sacred Mountain with Flower Essences**
  - taught by Trista Haggerty
- **Celebrating Winter Solstice**
  - with Lisa Meyers & Trista Haggerty



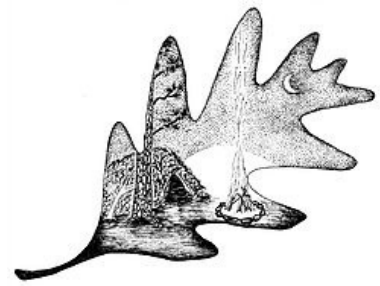
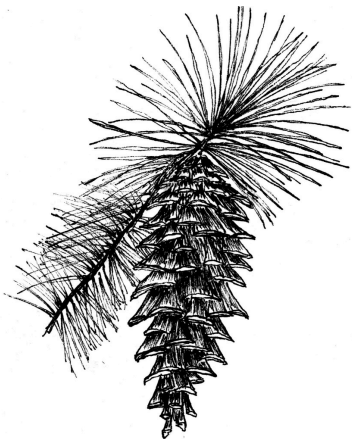
# Accomplished Goals...

We're so excited to have met our goals this year!

- Raised funds, purchased the beams and have begun cutting the **Eagle House deck**.
- Upgraded our **water treatment system**.
- **Grew our local market** by more than doubling our number of participants attending our local classes and gatherings.
- **Paid off two loans**.
- Hired someone to **remove erosion** around the cabins preventing them from rotting.
- Onboarded **new bookkeeper**.
- Hired someone to **clean cabins** between programs.
- **Installed signage** for parking lot, cabins & Eagle House, farmhouse trail and sacred spring trail.

*"Hawk Circle is Heaven right here on earth. I felt so at peace, nourished and supported by the land, the water, and both of you. Thank you for this life changing experience!"*

--K.U.



## A Heartwarming Success Story!



This is Caity. She attended the HedgeWise 6-month Herbal Class taught by Trista and Lisa Meyers. She's a young, local woman who was able to attend our class on a scholarship.

In the image above, Caity collects pine pitch for making a wound salve. During our final class in November, Caity shared with us that she enrolled in a full-time herbal training course with Rosemary Gladstar and will be starting nursing school in the fall of 2026.

This kind of outcome from our programs is so INSPIRING!





## We Appreciate Your Support!

Thank you for considering a donation to Hawk Circle. In a time when community, a strong nature connection, and essential skills are so profoundly important, we rely on the generosity of people like you. We truly appreciate your support! Please know that any size contribution you can offer will be immediately used to further and sustain the core mission of our growing organization.



We so appreciate your continued support.  
Wishing you a very happy holiday!  
In gratitude,

*Trista, Ricardo and Javier*



*Nature is the vast consciousness where the human spirit must travel, to find its true place.*