



Hawk Circle
Wilderness Education

Adventure Camp

The Path of the Wilderness



Sessions I, II, III

Co-ed, ages 10-13

Adventure Camp Details

The Adventure Camps take campers through a journey into nature, where we learn to live like our ancient ancestors, close to the Earth. We learn skills of wilderness survival, like fire building, shelters, outdoor cooking and first aid. We explore the woods, meadows and marshes to gather materials for our crafts, like baskets or spears, and discover the tracks left by raccoons in the mud, or see where squirrels are nesting high in the trees. It's through these experiences that we grow, both intellectually and emotionally, through connecting with nature and with our 'tribe'. Opportunities for bonding with new friends and mentors happens while we complete skills challenges or just hang out and practice making knots. Each day is a collection of stories, skills, games, short hikes and fun adventures, all carefully designed to give students the ingredients for transformation.

The world of nature and the wilderness will come alive in a way that instills a sense of deep connection and well-being. A place where your child can turn to for comfort, safety and inspiration throughout their life.

Problem Solving Communication Creative Expression Self-confidence Leadership

These are the seeds we are planting throughout the week. Of course, every child is different, with unique tastes and preferences, so we offer a variety of activities that will appeal to almost everyone. There is no pressure, and it's a relaxed, supportive place from which to try new things.

Activities Include:

Activities and Experiences change each session, so campers can take one, two or even three sessions and get something different every week.

Skills:

Shelters: tarps, debris huts, stacked debris shelters, thatch huts, log hogans and wigwams.

Firemaking: Tipi Fires, Hand Drill Fires, Flint & Steel, Bow Drill, Fire Saw, Fire Plow, Tinder, Firewood, Cooking Fires and Signal Fires.

Wild Plants and Foods: Herbal First Aid Plants, Cordage Plants, Useful Survival Trees and Plants.

Tracking: Animal Tracking, Track Aging, Track Identification, Weather Tracking, Landscape Tracking, Human Tracking, Search and Rescue, Backtracking.



Hunting Skills: Throwing Sticks, Bows and Arrows, Blowgun Darts, Slings, Bolas, Spears, Atlatls, Animal Studies, Traps and Snares, Hunting Philosophy, Ethics and Safety. (Note: No animals are harmed in our programs.)

Crafts:

Bark Baskets and Containers, Cordage, Stone and Bone Tools, Tribal Necklaces, Rawhide and Leather Pouches, Woodcraft and Carving, Coal Burning Bowls & Spoons

Activities are chosen based on the camper's interests, weather, materials availability, and time allowances each session.



Games and Challenges:

Awareness Games
Movement Stalking Games, Night Hike
Burning String Fire Challenge
Camouflage Challenge
Four Minute Fire Challenge
Coal Carry Challenge
Blindfold Drum Stalk
Blindfold String Walk
Blindfold Meal Challenge
Balance Games and Challenges
Campfire Stalk Game

Name Games
Scout Awareness & Memory Challenge
Morning Yoga and Workouts
Afternoon Meditations
Social Games and Game Night
Campfire Stories and Sharing
Creek Walks and Explorations
Fossil Hunting and Geology Study
Animal and Plant Study and Presentations
'Open Mic' night including songs, stories, poetry and other creative expression.

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