



**WILDERNESS  
CAMPS  
EARTH SKILLS  
TRAINING  
SCHOOL  
PROGRAMS**

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Dear Friend,

Thanks for your interest in the Hawk Circle Vision Quest. This program is something special to us and you also, as it is an event, a rite of passage from which profound insights, changes, healing and inner growth may be discovered here in the forests and meadows of Hawk Circle.

Please fill out the following questions and the application on the following pages to determine if this quest is right for you at this time. Feel free to use more pages in your answers as necessary.

Please return your completed application along with a deposit of 50% of the total amount, to hold your spot. You may use the sliding scale to determine what is appropriate for you.

When we receive your application, we will send you an equipment list, a preparation guideline that will help you get the most out of your quest experience and suggested reading list. Many of the books listed may be found in good libraries, or you can sometimes find them online or in used bookstores for very reasonable cost. You don't have to purchase them if you prefer not to, but sometimes reading about the quests of others can help allay any fears or concerns you might have and help you more fully understand the process and experience itself. Ultimately, it will just be you in the woods, in direct contact with spirit, and all else will fall away.

Please feel free to e-mail or call me with any questions you might have. I am very excited about this upcoming quest, and we are getting things ready for this event. I am making buckskin for your medicine bags, and making sure the sweatlodge is sturdy, and well supplied with stones, wood, tinder, sage and sweetgrass. The land seems to be looking forward to your arrival and helping support you in your search for truth and understanding.

Be well.

*Ricardo Sierra*

# Hawk Circle Vision Quest Application

Please answer the following questions and attach to the second page of the application and send it back to us, along with any other information that you think will help us support you in your quest. Thank you!

Please Note: You may choose to answer these questions over the phone if you prefer and you can also select not to answer if you don't feel comfortable. Not answering some questions may affect your acceptance in the program, but this will be a process between us, not an internal decision on our part. Thanks for your understanding.

#1. Why do you want to quest at this time? What is happening in your life that is calling you to seek?

#2. Have you been part of a quest before?

#3. What are some of your previous experiences in nature? (Camping, solos, canoe trips, backpacking, etc)

#4. Do you feel you can adequately handle yourself in the wilderness? (Not necessarily on a quest, but in general.)

#5. Have you had any mental health issues that we should be aware of? (Answering yes does not mean you cannot quest, but it can help us know what kinds of support we can provide to make sure you have a good experience.)

#6. Are you currently taking any medication? Please elaborate, if yes.

#7. The vision quest involves ceremonies such as the sweatlodge, and fasting for several days alone in the wilderness near our farmhouse and camp. Are there any physical issues you have that might impact your experience?

#8. How would you describe your current daily/weekly life? Are you under a lot of stress, pressure, or do you feel stuck? Are you starting a new phase of your life, or transitions of any kind? What is working for you?

#9. Do you have a daily or weekly practice that helps you balance your inner and outer life?

#10. Have you had any profound spiritual experiences in the woods before? (Please include anything that stands out or feels right to share.)

#11. Do you attend any spiritual events or religious practices regularly?

#12. Do you have any natural areas near your home where you can spend a few hours wandering or sitting without undue concern for your safety?

Thank you and please feel free to answer some of these questions in paragraph form, several at a time, if you prefer.

