

The Hawk Circle Family Wilderness Weekend

October 17-19, 2008



Hawk Circle
Wilderness Education

This weekend will change the way your family relates to the nature and each other. How can we make such a bold statement? Well, we have almost twenty years of experience teaching youth and adults in the skills that native peoples used to live close to the earth. In that time, we have seen how these skills bring people together, how they change us and make us slow down, grow, heal, expand and awaken, almost all at once. Learning to make a fire without matches changes you. Learning to walk silently across a bed of leaves changes you. Learning to gather the things we need directly from the earth on a fall hike changes you. Sitting around the campfire, with a dizzying array of stars clustered overhead, changes you. Great for homeschoolers of all ages and parents. You'll leave with more skills than you can shake a stick at! Skills for adults. Skills for kids. Cooking. Adventure. Laughter and creativity. Tracking and wandering.....

Wander over to Hawk Circle and we will share our world with you!

Curriculum May Include:

PRIORITIES OF SURVIVAL

TRACKING-NATURE AWARENESS

FIRE - TIPI FIRES, BOW DRILL,
FLINT & STEEL

GORGET STONE NECKLACES

LEATHER- MEDICINE POUCHES

DEBRIS SHELTERS

THROWING STICKS

CAMPFIRE COOKING

KNIFE SHARPENING

STONE TOOLS

NATURAL ROPE & STRING

COYOTE STORIES

COAL BURNED SPOONS & BOWLS

BONE TOOLS / PENDANTS

TOMAHAWK THROWING

NATURAL MOVEMENT

LOST-PROOFING

WANDERING & GATHERING

GAMES & PLAY

DREAMCATCHERS

WILD FOODS & TEA

THE TRIBAL COUNCIL





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Wilderness Education

Hawk Circle Teen Homeschooler Program

'Moon of the Falling Leaves'

October 19-24, 2008

Working with teens who are homeschooled is tricky. On one hand, they are generally highly intelligent, motivated, independent and capable of focused study in the things they are interested in. On the other hand, some might be shy in certain social situations. While they are used to learning with parents and young siblings around, there is a need to connect and grow with a sense of space and freedom from family. Teens who love nature and wilderness skills may have taken their own studies as far as they can on their own, and be ready for 'the next step', a leap into a deeper immersion.

This program is specifically designed with all of these factors in mind. Intense study. Hands-on learning and crafts. Minimal lecture. Lots of self-directed learning. Social time around the campfire. Good role models who can awaken a sense of direction and purpose. Healing and growth in nature.

If you have a homeschooled teen and want to take part in a unique experience that is equal parts skills, inner growth, adventure and discovery, sign up for the **Falling Leaves Program**. It will provide inspiration and passion to grow with for the rest of the year!

Curriculum May Include:

TRACKING-DEER AWARENESS
FIRE - BOW DRILL, FLINT &
STEEL
KNOTS - SQUARE & SLIP
BOWLINE & CLOVE HITCH
GORGET STONE NECKLACES
LEATHER- MEDICINE POUCHES
BACKRESTS & GRASS MATS
BEADED NECKLACES
ATLATLS

ACORN PANCAKES
CAMPFIRE TONGS
CAMPFIRE STALK
KNIFE SHARPENING
CANVAS SCOUT PACKS
STONE TOOLS
TARPS & TARPOLOGY
PRIMITIVE TRAPS & SNARES
SPIT COOKING
COOKING / BOILING TRIPOD
BLIND STRING WALK

REVERSE WRAP CORDAGE
MINI / QUICKIE BOWS
ANIMAL STORYTELLING
BIRCH BARK CONTAINERS
BONE TOOLS / PENDANTS
STACKED DEBRIS WALL SHELTER
TOMAHAWK THROWING
WATER-SPRINGS & FILTERING
SCOUT ADVENTURE GAME
TRIPLE WRAP CORDAGE
SWEAT LODGE / CLEANSING





Hawk Circle

Wilderness Education

**WILDERNESS
CAMPS**

**EARTH SKILLS
TRAINING**

**SCHOOL
PROGRAMS**

RICARDO SIERRA
EXECUTIVE DIRECTOR

BARRY KEEGAN
HEAD INSTRUCTOR

TRISTA HAGGERTY
COMMUNITY DIRECTOR

P.O. BOX 506

CHERRY VALLEY, NY 13320

PHONE: 607.264.3396

FAX: 607.264.3256

RICARDOJPS@AOL.COM

HAWKCIRCLE.COM

HAWK CIRCLE WILDERNESS EDUCATION IS A
PROGRAM OF THE EARTH MENTORING INSTITUTE, INC.

A 501 (C) 3 TAX EXEMPT

NOT-FOR-PROFIT ORGANIZATION

FEDERAL TAX-EXEMPT # 31182

FEDERAL ID # 16-1563526

Hawk Circle

Logistics & Details

All programs are held at the Hawk Circle Wilderness Education campus in Cherry Valley, NY, a private setting with 200 acres to explore, wander, learn and grow. We have some cabins for students to sleep in, as well as tenting, an Adirondack Style Lean-to.

Housing/Facilities:

Students have access to our camp infirmary, bathrooms and showers when the weather permits, as well as our heated workshop room in our barn for cold or rainy days or nights. Most classes will be held outside or in one of these structures, so warm, appropriate personal gear and clothing is important to have and bring. Please bring all items on the Equipment List to be sure you have a positive experience.

Food/Meals:

We serve three hearty meals a day plus snacks, prepared in our Camp Kitchen. We always serve a vegetarian option and meals are generally kid-friendly. We are not equipped with the space or staff to prepare foods for people with extensive restrictions so we suggest you bring foods with you that you can eat in those cases. Please call if you have questions.

Program Length:

Arrival for the Family Weekend is late Friday afternoon, for tent set up and class begins at 6 pm for the orientation and the first class. Departure is between 1-2 pm on Sunday.

Arrival for the Teen Program is Sunday afternoon (3-4 pm), and Departure is 3 pm on Friday afternoon.

Program Tuition:

This fee covers all instruction, craft materials, housing, food and general program logistics during your stay at Hawk Circle. \$350 for Each Teen for the Teen Program.

\$175 for Each Child or Parent who is a participant in the Family Wilderness Program.

Children 5 years old or younger are free.

To attend any or all of the programs, please complete an application form and send it to our office, along with the parent permission slip and a program deposit. Thank you! We look forward to meeting you around our campfire!



Hawk Circle
Wilderness Education

Home School Program Permission Note & Emergency Care Information

Student Name: _____

Insurance Company: _____

Policy # : _____

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My Child has my permission to engage in all activities at Hawk Circle unless noted by the physician or by me. In the event of an emergency and I or my spouse or child's Physician cannot be reached, I give permission to the physician or hospital selected by the staff at Hawk Circle to hospitalize, secure proper treatment for, and to order injection, anesthesia, or surgery for my child as named above, with the understanding that the family will be notified as soon as possible.

Parent's Signature: _____ Date: _____

Home Phone: _____ Work Phone: _____

Home Phone: _____ Work Phone: _____



Please feel free to add any medical information, comments or background information on your son or daughter in the space below that might help us run a safe program. All information will be held in strict confidentiality, and used only as part of our preventative planning and not discussed among all staff unless it is advised. This is optional and not required. Thanks for your consideration.



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HAWK CIRCLE STORE

Hawk Circle carries a small number of items that are useful to our students both in the woods and while camping or hiking. Please keep us in mind if you are having trouble finding the right items you need for your equipment list or when shopping for good gifts for a nature lover in your family!

FROST KNIVES

\$15.00

A STANDARD ISSUE WILDERNESS TOOL WITH LARGE HANDLE, GREAT FOR CARVING, CHOPPING FOOD, CRAFTS AND SKILLS. A STAFF FAVORITE, INCLUDES A STURDY PLASTIC SHEATH.

BUCK KNIFE

\$25.00

A SMALLER HANDLE AND BLADE THAT IS GOOD FOR SMALL HANDS. INCLUDES A SMALL BLACK PLASTIC SHEATH

SCHRADE PRO HUNTER KNIFE

\$40.00

A LARGER, SOLID WILDERNESS SKILLS KNIFE THAT CAN TAKE ABUSE AND DO THE TOUGHEST CHORES AROUND CAMP OR IN THE WOODS. INCLUDES A LEATHER SHEATH.

FLINT AND STEEL FIRE KITS

\$35.00

HAND MADE AND FORGED BY LOCAL BLACKSMITH MICHAEL MCCARTHY. INCLUDES DIRECTIONS, FLINT, CHAR CLOTH AND TINDER FUNGUS, AND A BEAUTIFUL STEEL STRIKER!

HAWK CIRCLE T-SHIRTS

\$20.00

TWO STYLES, DIFFERENT COLORS, YOUTH AND ADULT SIZES.

THE FORAGER'S HANDBOOK

\$20.00

A WILD FOODS GUIDE BY SAM THAYER

CALENDULA SALVE

\$ 8.00

MADE BY TRISTA USING ORGANIC CALENDULA FLOWERS GROWN IN THE HAWK CIRCLE GARDENS. GREAT FOR HEALING BUG BITES, SCRATCHES, CRACKED SKIN, ANY SKIN AILMENTS. HIGHLY RECOMMENDED FOR A HOUSEHOLD HOME REMEDY KIT!

ALL ITEMS ARE PRICED WITH TAX INCLUDED.

WE ACCEPT CHECKS, CASH AND MC/VISA. PLEASE PLAN ACCORDINGLY!



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Home School Group Trip Equipment List:

large duffel bag or backpack

water bottle (1 liter plastic soda bottle ok)

flashlight and batteries

day pack

knife (sheath or folding)

journal or personal diary & extra pens/pencils

2 towels (bathing)

biodegradable soap/shampoo

toothbrush/toothpaste

bathing suit

4 pairs wool socks

warm long underwear (tops & bottoms)

wool hat

sleeping bag (0°F Rated)

sleeping pad (thick!)

pillow and pillowcase

rain gear

gloves /mittens

hiking boots/warm shoes

sneakers

3 sweatshirts

scarf or neckwarmer

2 pairs pants/fleece pants

thick wool blanket

thick wool sweater

warm winter jacket

Optional: sunscreen, sunglasses, book for reading, camera, binoculars

- Please do not bring cotton pants except to wear during travel, if desired (jeans or khakis are not good for woods wandering because they are cotton and will absorb dampness and make you cold all day..
- We have a good clothes dryer to dry any gear that gets really wet on our expedition, and we will balance our outdoor experience with indoor craft time, games, and other skills. We do suggest bringing anything else that you think might help you feel warm and comfortable here in the woods.
- Please DON'T BRING: iPods, video games, gum/candy, weapons or tools not specified above, negative attitude (sense of humor is okay though!), or any medications that are not specifically ordered by a doctor. You can bring snacks or music for the ride to Hawk Circle. We just don't want them to be a distraction for you in your time here in the wilderness!

Thank you and please call us if you have specific questions about this list!



HAWK CIRCLE HOMESCHOOL PROGRAM APPLICATION

Program Name: _____ Your Current Grade: _____
Student/Parent Name: _____ Address: _____
City: _____ State: _____ Zip: _____
Home Phone #: _____ Work Phone #: _____ Cell Phone #: _____ E-mail Address: _____

Do you have any dietary restrictions? (Please note that due to facility size we are not able to accommodate extensive dietary issues. Those students who have special diets are encouraged to bring foods from home to supplement our meals in certain instances. Please call for more information.) Please list all known allergies to any foods, insects, or medications, or any medical concerns :

How did you find out about us? _____

What is your main reason for attending this program? _____

The Fine Print: Due to our Policy of not overbooking our programs, we require a deposit of **50% of your program fee to hold your space for the dates requested.** This must accompany your application. The remaining balance is due on the first day of the program unless otherwise specified in your acceptance information package. (Any payment plans must be approved by the main office in advance of your program start date. ••We will refund your deposit in the event that we cancel the program. If you need to cancel, please notify us immediately. We may have food purchases, staff salaries and other expenses that will be deducted from the course deposit fee. Any person who leaves during the middle of a program due to illness, injury, expulsion, or any other reason will not be refunded any portion of the course fee. Upon receipt of this application and deposit, you will be sent an equipment list, directions, a letter of acceptance and any specific information about your program. Our staff will plan an appropriate time to visit your school, class and parent group, and we will go over the program details, answer any questions the students, parents and school administration may have. We will spend as much time as necessary to go over program goals, student needs, background information, program content and planning with the class teacher or school staff.

Release

I agree by my signature indicated below, to enroll myself or my son or daughter in this program at the Hawk Circle Wilderness Education Center. I understand that the programs offered by Hawk Circle can expose myself and my child to activities that have inherent risks, and that the staff of Hawk Circle will make every effort to keep each activity as safe as possible. I further understand that Hawk Circle is not responsible for safety issues that were not disclosed to the staff prior to the commencement of the program.

Signature (parent if student is under 18) *Name (please print)* *Date*

Please Make Checks Payable To (in U.S. Dollars) :
THE EARTH MENTORING INSTITUTE OR HAWK CIRCLE

Amount Enclosed \$ _____ Check Number _____

We Accept Visa and Mastercard CC# _____ EXP / / _____

Thank You! We are looking forward to meeting you!

Mail Completed Application and Deposit to : Hawk Circle, P.O. Box 506, Cherry Valley, NY 13320

