

# BIRTHING THE *DIVINE FEMININE*

August  
13-15,  
2010



## **A Weekend Gathering** *for Women of All Ages.*

Welcome!

I am so happy that you will be joining us this weekend as we come together to align ourselves with the Divine Feminine.

With all the change, struggle, and fear that is going on through out the world today, there is no better time than now to come together and unite creating a force for healing and transformation.

Because many of you are traveling from quite far away, I have wanted to include a Friday evening gathering as well as a Sunday morning closing circle. For those of you who are local residents, please feel free to come for the whole weekend or just for the day on Saturday.

I am organizing this event to be a collaborative experience and so far have a few women offering their

gifts and their skills. Here is a schedule, leaving time both in the mornings and in the afternoon for anyone who would like to offer something, share your wisdom or healing skills.

*Trista*



## Friday

**Evening gathering** 7:00pm

## Saturday

**Morning yoga** 7:00am

*with Colleen Langdon*

**Breakfast** 8:00am

**Opening Circle and**

**meditation** 9:00am

*with Trista Haggerty*

**Open Discussion** 10:00am

**Lunch** 12:00

**Prayer tie circle** 1:30

**Sweat Lodge** *with Natasha Singer*

**Potluck Dinner** 6:00pm

**Evening Drum circle**

*with Kirtrina Baxter*



*The Divine Feminine is the gentle and incredible power that melts the hardened heart, the rigidity of control and the fear of the ego and nourishes our most deepest selves so that we can begin to live with out struggle and without fear.*

## Sunday

**Breakfast** 8:00am

**Morning closing** 10:00am

## Lodging

If you are planning on staying here, **please contact me**. We have plenty of space for you to bring a tent and camp OR we do have shared cabin space. Please

be sure to bring a sleeping bag, sleeping pad and pillow.

## Meals

Bring your own breakfast and lunch and a dish to share for our potluck dinner on Saturday. Please bring a cooler. We have a fully equipped kitchen for food preparation, however, refrigerator space is limited.

## What Else to Bring

Drums and rattles

A skirt for the sweat lodge

Comfortable clothes

Towels for the sweat lodge

A notebook and pen for journaling

Songs, poems, prayers you may want to share



*Our deepest expression of our soul is our greatest contribution to the world.*

## Sweat Lodge details:

Natasha Singer has offered to lead the sweat lodge on Saturday afternoon. She is asking that everyone bring a small, enclosed bag of aromatic pipe tobacco, wrapped in a bandana or cloth. Prior to the start of the lodge, while wrapping your tobacco, you can put your intentions and prayers in to your offering as a way to “close the circle” and give

thanks to the one who will protect and guide you in the ceremony.

*Along with being a therapist and spiritual counselor, Natasha and her husband lead their own spiritual community at Bear Mountain where they offer traditional sweat lodge, drumming and shamanistic healing ceremonies.*